

Recreation on campus

Nothing like a great big open space to bring out the kid in you. Five hectares of level grass circumbered by acacia trees and looking like a large oval: we call it the Sunken Garden. You have walk down a slight descent from the sidewalk, to get down, because the Garden is at a lower level than the roads of the Academic Oval. As you "sink," you leave the shade of the trees, get in range of the summer sun, and take in so much fresh air you wonder why you neglected this place so.

What's UP is compiled by the wise, so take our advice: give in to the urge to be a kid. You, after all, are not alone. Kids are drawn to open spaces, regardless of age, bone structure and academic degree.

Watch the graceful Frisbee throwers happily working out at every throw and catch. Look up at large kites dancing to an unseen but felt wind. Trace the kite strings to happy people just happy to be outdoors. See the soccer players kick, grunt, slam into each other, fall on the grass, only to be up on their feet the next moment, as though nothing happened. Wonder how people sitting down on the grass, in a circle, are actually praying, or discussing class projects, or having a picnic, even though a wayward baseball or soccer ball or paper airplane might hit them. Couples are sprinkled here and there. The benches near the periphery of the Garden are never empty for long. The odd-looking Grandstand is always a shade to be under. There is always a student or adult who longs for the open garden but is too timid to join in, and so they watch on the sides. Every jogger running around the Academic Oval almost always steals a glimpse of the Garden. Everyone gravitates to the center; the center is the Sunken Garden.

Nothing like summer to keep the Diliman spirit pumping. *What's UP* provides you with a summer roster of happenings, right on the Sunken Garden, in case you think you have done it all and seen it all on the wide, wide expanse of Garden grass and expansive open sky.

—IRWIN ALLEN B. RIVERA



CHK: 2006 Summer Recreation Program – The College of Human Kinetics is offering classes on the following:

1. Aerobics
Class A. TTh, 5:30-6:30 p.m., All-Purpose Room
Class B. Sat, 8-9 a.m., Dance Studio
2. Aikido: Wed/Sat, 8:30-10 a.m., V300
3. Archery (12 yrs. and above): MW, time TBA, ARC Range
4. Badminton (Basic)
Class A. TTh, 10-11:30 a.m., Gym Floor
Class B. Sat, 8-10 a.m., Gym Floor
5. Badminton (Advance) (10 yrs. old and above)
Class A. MW, 10-11:30 a.m., Gym Floor
Class B. Sat, 10 a.m.-12 nn, Gym Floor
6. Ballet (3-5 yrs old): MW, 1-2 p.m., Dance Studio
7. Ballet (6-10 yrs. old): MW, 2-3 p.m., Dance Studio
8. Ballroom (Beginner/Basic): Sat, 8 – 10 a.m., Dance Area
9. Ballroom (Intermediate): Sat, 10:30 a.m. – 12:30 p.m., Dance Area
10. Basketball (Boys 9 yrs old and above): TTh, 9 – 10:30 a.m., Court I
11. Basketball (Girls 8 yrs old and above): MW, 1 – 2:30 p.m., Court I
12. Basketball (Boys 5 yrs old and above): Sat, 10 a.m. – 12 nn, Court I
13. Hawaiian (4-8 yrs old): TTh, 10 – 11 a.m., APR
14. Judo: TTh, 10 – 11:30 a.m., Judo Room
15. Pilates (Level 1)
Class A. TTh, 1:30 – 2:30 p.m., Dance Studio
Class B. Sat, 11:30 – 12:30 p.m., Dance Studio
16. Pilates (Level 2): TTh, 2:30 – 3:30 p.m., Dance Studio
17. Rhythmic Gymnastics (Girls 6-14 yrs old): MW, 9 – 10:30 a.m., Gym Floor
18. Salsa (Intermediate): Sat, 1:30 – 3:30 p.m., Dance Area
19. Soccer (Basic): MW, 7:30 – 9 a.m., Oval
20. Soccer (Intermediate/Advance): TTh, 7:30 – 9 a.m., Oval
21. Streetdance/Hiphop (Basic 13 yrs old and above)
MWF, 10:30 a.m. – 12 nn, Court I
22. Streetdance/Hiphop (Basic/Intermediate 13 yrs old and above)
MWF, 2:30 – 4 p.m., Dance Area
23. Streetdance/Hiphop (Basic 5-12 yrs old):
MWF, 1:00 – 2:30 p.m., Dance Area
24. Streetdance/Hiphop (Intermediate 13 yrs old and above)
Sat, time TBA, Dance Studio
25. Street Samba (Schedule and other details: TBA)
26. Table Tennis (Basic): MW, 8:30 – 10 a.m., TTA
27. Table Tennis (Advance): MW, 1 – 2:30 p.m., TTA
28. Taekwondo (16 Sessions): MWF, 10 – 11:30 a.m., APR
29. Tai Chi (Schedule and other details: TBA)
30. Tennis (Basic): MW, 7 – 8:30 a.m., Tennis Court
31. Tennis (Intermediate): TTh, 7 – 8:30 a.m., Tennis Court
32. Tennis: Sat, 7 – 9 a.m., Tennis Court
33. Volleyball: MW, 1 – 2:30 p.m., Gym Floor
34. Yoga (Basic): Sat, 9 – 10 a.m., Dance Studio
35. Yoga (Flowstyle): Sat, 10 – 11:30 a.m., Dance Studio

(Gym classes run from April 17 to May 19; swimming classes run by batch from April 3 to May 19. Course fees vary from P600 to P2,250. Enroll at 2/F UP Gym. Twenty five+ percent discount for UP Employees/UP Dependent when you enroll on or before April 12, 2006. For inquiries contact Jeng or Vivien at 929-6033 or at 981-8500 loc. 4128, 4130.)

What's UP?

APRIL-MAY 2006



Summer on Campus

Schedule of workshops in arts, music, theater and sports during the summer months in UP Diliman inside.

Popular impression has it that UP Diliman goes bland during the summer months. Faculty and students are out on a vacation, and the campus, because of their absence, becomes a virtual ghost town. Except for the academic rites of passage that are the commencement exercises, no other activity is worth watching in April. Yet, even this event has lost much of its luster in recent years.

True, there may be lingering souls left on campus during the summer months. These are students who have to take summer classes, by and large as a remedial measure for lost academic units in the previous semester due to failure or non-compliance of course requirements. Alas, summer suddenly spells sacrifice.

There are also students who are on a rush to finish their courses, that they would rather abbreviate a four year program to three-and-a-half years. But they are the exceptions, rather than the rule.

But look again!

It is in April and May that UP Diliman plays host to a good number of publics as can be gleaned from the array of activities collated for this issue. Suddenly, the campus teems with artists-wannabes trying out the various workshops in arts, dance, music and theater. A big part of the participants come from UP Diliman student-wannabes, compressing in a matter of one month to muster artistic skills, prior to taking local audition and talent tests to qualify them in the pre-baccalaureate programs offered in select units on campus. Teachers from the region would rather spend precious time on campus to bone up on new teaching methodologies they can get from lectures and seminars. More often than not, a certificate of attendance from these events can mean added remuneration in their take home pay. Entrepreneurs dedicate generous time to upgrade their skills in small-scale industry operations through numerous training programs offered on campus. Moreover, kids and young at heart are all over the place, voraciously enjoying the recreational and sports programs the University has specially packaged for them.

Come. Join us. Jog with us around campus. Quaff into the distinctive ambience of summer in UP Diliman!

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What's UP? accepts announcements of any activity on campus. Copy should not exceed 500 words, and must contain the following: title of event, description, date and time of activity, sponsoring group/organization, contact numbers and ticket prices, if applicable. Photos and images will also be accepted, provided these are in jpeg format, with 300 dpi and not exceeding 5 inches in size. Email copy and images separately to <updio@up.edu.ph>. Announcements should be forwarded at least one month prior to the activity's schedule.



The 95th General Commencement Exercises

Summer in UP Diliman finds sunflowers at their full bloom and UPD students at the culmination of their academic careers: Graduation.

The 95th General Commencement Exercises will be held on April 23, 2006 at the University Amphitheater, an open-air oval field of grass surrounded by acacia trees, and located behind Quezon Hall, the administrative seat of UPD.

Continuing UP Diliman's tradition of inviting individuals established in their respective fields, retired University Professor now Professor Emeritus and UP Marine Science Institute's Founding Director Edgardo D. Gomez has been chosen to deliver this year's inspiring message to the graduates.



GOMEZ

Gomez is an outstanding administrator, a recipient of the United Nations Global 500 Roll of Honor, Presidential Lingkod Bayan Awardee, Pew Marine Conservation Fellow, author of more than 130 technical publications, academician of the National Academy of Science and Technology, and recipient of UP's Concepción D. Dadulza Award for Distinguished Achievement.

Though retired, Gomez's achievements continue in its inertia to awe and inspire students. Under his academic leadership and unwavering vision, he served as the principal force in initiating, pioneering and developing the then Marine Sciences Center in UP Diliman in the 1970s to what we recognize today as The Marine Science Institute. As founding director, Gomez went on to recruit selected staff and build an institution where the collegial values of honesty and openness prevail.

The Graduation Rites begin at 3:45 p.m. and ends early in the evening. In preparation for the anticipated influx of traffic, motorists entering UP Diliman are advised to heed traffic advisories posted at key points on campus. Jeepneys plying the campus routes will also be rerouted accordingly.

Meanwhile, the *Pagtatapos 2006* of the UP Integrated School will be on April 18, 2:00 p.m., Cine Adarna with Eva Marie C. Cutiongco-dela Paz (UPIS'80; BS'84 cf; MD'89), Assistant Director, National Institute of Health, as guest speaker.

—IRWIN ALLEN B. RIVERA



College Recognition Rites 2006

- Architecture, College of:** *Ika-46 Araw ng Parangal Para sa Mga Magsisipagtapos*
Speaker: Antonio A. Turalba (BSArch'67)
April 23, 11 a.m., 2nd Floor, Building 1, CA Complex
- Arts and Letters, College of:** *Parangal sa mga Magsisipagtapos: Malay na Paglikha, Bayang Malaya*
Speaker: Corazón S. Alvina (AB'76), Director, National Museum
April 22, 4:30 p.m., Hardin ng mga Diwata, CAL
- Asian Center: Recognition Rites**
Speaker: Samuel F. Bueser (MA'71), Mayor, Alaminos, Laguna
April 23, 1 p.m., Bulwagang Sala'am
- Business Administration, College of:** *Recognition Ceremonies*
Speaker: Conchita L. Manabat (BSBA'67), Chairperson, C.L. Manabat & Co./CDeLoitte Touche Tohmatsu
April 23, 12 noon, University Theater
- Economics, School of:** *Recognition Ceremonies*
Speaker: Sheila S. Coronel (AB'79 cf), Executive Director, Philippine Center for Investigative Journalism
April 22, 4 p.m., Cine Adarna
- Education, College of:** *2006 Parangal sa mga Magsisipagtapos*
April 19, 1:30 p.m., Cine Adarna
- Engineering, College of:** *Recognition Rites 2006*
Speaker: Marcelo M. Casillan Jr. (BSME'59), Technical Consultant, Ayala Land, Inc.
April 22, 8 a.m., University Theater
- Fine Arts, College of:** *Candlelight Ceremony*
Speaker: José "Pitoy" Moreno (BFA'51)
April 22, 5:30 p.m., CFA Grounds
- Home Economics, College of:** *2006 Recognition Rites*
Speaker: Pacita U. Juan (BSHRA'77), Director, Figaro Coffee System
April 22, 9 a.m., Cine Adarna
- Human Kinetics, College of:** *Recognition Rites*
April 23, 12 noon, University Gym
- Islamic Studies, Institute of:** *Recognition Day*
Speaker: Mujiv Hattaman, Congressman, Party List Representative for Mindanao
April 21, 3 p.m., Sala'am Conference Hall
- Labor and Industrial Relations, School of:** *Recognition Rites*
Speaker: Leonisa Dela Llana, First Vice President and Head of HR & Corporate Services, MERALCO
April 23, 1 p.m., SOLAIR Auditorium
- Law, College of:** *Recognition Rites of 2006*
Speaker: Reynato S. Puno (LLB'62), Associate Justice, Supreme Court of the Philippines
April 25, 1 p.m., Cine Adarna
- Library and Information Science, Institute of:** *Recognition Program*
Speaker: Ma. Concepción P. Afiler (BAPA'65; MAPA'75; PhD'91), Vice President for Planning and Finance, UP
April 23, 12 noon, Malcolm Theater
- Mass Communication, College of:** *Pagkilala sa mga Magtatapos*
Speaker: Jessica Soho (BA'88), Broadcast Journalist
April 23, 8 a.m., Cine Adarna
- Music, College of:** *2005-2006 Araw ng Parangal sa mga Magsisipagtapos*
Speakers: Francis G. Escudero (UPIS'85; BA'88; LIB'93), Congressman, 1st District, Province of Sorsogon
Fernando C. Josef (BS'69; M. Educ' 80), Artistic Director, Cultural Center of the Philippines
April 20, 4 p.m., Tanghalang Abelarado
- Public Administration and Governance, National College of:** *Recognition Rites 2006*
Speaker: Antonio P. Meloto (BSBA'38), Executive Director, Gawad Kalinga
April 22, 4 p.m., NCPAG Governance Dome
- Science, College of:** *Pagkilala't Parangal sa mga Magsisipagtapos sa Taong 2006*
Speaker: Francisco S.A. Sandejas (BS'89 scf), Managing Partner, Narra Ventura Capital Management, LLC (Delaware); Managing Director, Narra-BGN Ventures, Philippines
April 23, 1 p.m., Cine Adarna
- Social Sciences and Philosophy, College of:** *Pagtatapos 2006: Patuloy na Pagliling ng Kahusayan sa Kaunlaran ng Bayan*
Speaker: Juan Miguel Luz, Undersecretary, Department of Education
April 22, 1 p.m., University Theater
- Social Work and Community Development, College of:** *Araw ng Pagkilala sa mga Magsisipagtapos*
Speaker: Celia Paredes-del Prado (AB'53), Vice President for Academic Affairs, Imus Institute
April 21, 5 p.m., Bulwagang Tangang Sora, CSWCD
- Statistics, School of:** *Recognition Rites 2006*
Speaker: Bienvenido C. Niles Jr., President, Asia Pacific AC Nielsen
April 21, 4 p.m., Cine Adarna
- Tourism, Asian Institute of:** *Alaysa Parents*
April 21, 8:30 a.m., Cine Adarna
- Technology Management Center:** *Luncheon with the Graduates*
April 23, 10:30 a.m., Balay Kalinaw
- Urban and Regional Planning, School of:** *Recognition Program*
Speaker: Sixto E. Tolentino Jr. (MA'83), Regional Director, Environmental Management Bureau, Department of Environment and Natural Resources
April 23, 1 p.m., SURP Building



WORKSHOPS

2006 Summer Art Workshop at the College of Fine Arts – The Visual Arts Development Foundation, Inc. of the College of Fine Arts is offering the following courses for its 2006 Summer Art Workshop:

1. Basic Drawing: Learn basic drawing techniques in sessions, which include simple and complex shapes, light and shadow, elements of visual composition and human figure drawing.



2. Basic Photography: Learn the art of photography as a visual communication tool. The workshop will tackle the technical aspects of the medium and the principles of design, which are the important tools in creating interesting and effective photographs.
3. Children's Art: Explore colors and shapes in lively projects and activities that will bring out the child's creative potentials.
4. Soft Toy Workshop: Explore the possibilities of craft foam and create wonderful soft toy items using this colorful and versatile material.

(April 3 to 28, Mondays to Fridays, 9 a.m. to 12 nn, at the CFA. Course fees vary from P 4,000 to P 5,000. For inquiries, contact Elvie or Elma at 981-8500 loc. 3978).

Fernando B. Sena's Easy Art Lessons—Painter-Art Teacher Fernando B. Sena, in cooperation with the Jorge B. Vargas Museum, is conducting an Art Workshop for interested parties who are 8 years old and above. The workshop includes lessons in drawing and painting still life, landscapes, seascapes, portraits and other figurative themes using various media. Indoor and outdoor painting, group work, art contest and exhibition, distribution and awarding of medals and certificates to outstanding students are among the activities in the workshop.

(April 5 to May 24, Wednesday mornings, at the Vargas Museum Basement; and on May 27 at the MAB Hall, Philippine Heart Center. Course Fee is P3,500.00 excluding art materials. For inquiries, contact Fernando Sena at 376-2196 or Linda Pabico (Vargas Museum) at 928-1927)

Kalinga Day Care Center's Summer Workshop '06 – This summer, the following enrichment classes for toddlers and preschoolers, are being offered at the Kalinga Day Care Center:

1. Arts and Crafts (2-3 years old) - April 24 to May 5
2. Early Reading and Writing (3 to 5 years old) - May 8 to May 26
3. Early Math (3-5 years old) - May 8 to May 26

(Application forms are available at the Kalinga Day Care Center, located in front of the College of Science. Deadline for submission of application forms is on April 7. For inquiries contact 920-6880 or 981-8500 local 3815)

Cooking Lessons for Kids (8 to 18 yrs old)- Learn the basics of menu planning, marketing, knife skills, nutrition, cooking cuisines from various countries, and planning for home and party menus. This is cooking lesson for real.
(Classes for 1st batch is on April 17 to 29. 2nd batch is on May 8 to 20. 9 a.m. to 12 nn. and 2 to 5 p.m. For inquiries contact Waya Araos at 0918-4990901)

2006 Digi-Film Workshops– The UP Film Institute, a member of CILECT/ International Association of Film and Television Schools, is conducting Digi-Film Workshops on the following courses:

1. Black and White Photography with Joseph Fortin and Anne Marie de Guzman (1st Batch, April 3 to 8; 2nd Batch, May 1 to 6)
2. Documentary Video Production for TV with Milo Alto Paz (April 24 to 29)
3. Basic Digi-Film Productions with Ramón Bautista and RA Rivera (April 17 to 22)
4. Basic Non-Linear Editing with Ramón Bautista and Edsel Abesames (May 8 to 13)
5. Advanced Scriptwriting with Armando "Bing" Lao (April 23, 30, 7, 14, 21 and 28)
6. Art and Animation with Roque "Roxlee" Lee (May 15 to 27)
7. Alternative Scriptwriting with Libay Cantor Linsangan (May 8 to 13)
8. Cinematography for Digital Filmmaking with Louie Quirino (May 29 to June 3)

(The workshops start at 9 a.m., except for the Scriptwriting workshops, which start at 1 p.m., at the Film Institute. Course fees vary from P5,000 to P12,000 inclusive of workshop kits, equipment to be used, coffee and light snacks. For inquiries contact Laisa Gonzales at 925-0286, 926-3640, or at 926-2722 or at the email address: bjorki71@yahoo.com)

College of Music: 2006 Summer Workshop includes non-credit courses for children and adults to hone and develop musicianship through the following major instruments and areas of concentration:

1. Individual Lessons (Instruments)
 - Instruments: Piano, Jazz Piano, Voice, Music Composition 1, Winds and Percussion (Flute, Oboe, Clarinet, Bassoon, Saxophone, Trumpet, French Horn, Trombone, Tuba, Drums, Marimba, Recorder), Strings (Violin, Viola, Cello, Double Bass, Guitar), Rondalla Instruments (Banduria, Octavino, Laud), Asian Instruments (Kulintang, Bamboo, Kalingga, Gamelan, others)
2. Ballet Classes
 - a. Baby Ballet (4-6 years old)
 - b. Children's Ballet 1 (7-10 years old)
 - c. Children's Ballet 2 (11-17 years old)
3. Creative Music Experiences for Children
4. Punlang Musika
5. Jazz Improvisation
6. Reading Solfège for Adults
7. Vocal Ensemble Class
8. Music Theory

(Runs from April 17 to May 27 at the College of Music. Registration for old students is on April 10, new students on April 11 and 12. Course fees vary from P2,100. to P 4,450. For inquiries contact Riza at 981-8500 loc. 2628 or at 926-0024)

Self, Society, and A World of Music: UP Summer World Music Sessions – Organized by the Department of Music Research and the Department of Music Education of the College of Music, the "Summer World Music Sessions" is being offered primarily for music teachers and music enthusiasts who wish to enhance their musical knowledge by encountering music from various music cultures of the world. The program is divided into four components: lectures, performance classes, seminars and mini concerts. These sessions will be facilitated by faculty from the college as well as other experts in the field of multi-cultural music:

Lectures:

1. Music Theory: Fundamentals of music including note reading, sight singing and ear-training
2. World Music Cultures: An overview of the music of selected cultures such as Indonesia, Japan, the Middle East, Latin America, and Polynesia. The lectures will include lots of audio and video examples. This course is a prerequisite for Music Education 1.
3. Philippine Music: This course surveys the various folk and indigenous traditions in the Philippines. The classes will include listening and viewing activities. This course is a prerequisite for Music Education 2.
4. Choral Music from Various Cultures: This course is designed to assist leaders of school choirs to expand their repertoire with the music from different parts of the world. The participants will also learn the proper interpretation and performance of each piece.
5. Music Education 1: Approaches to the instruction World Music in the high school level. Included in the course are sample modules and lesson plans. Prerequisite: World Music
6. Music Education 2: Approaches to the instruction Philippine Music in the high school level. Included in the course are sample modules and lesson plans. Prerequisite: Philippine Music



Performance Class

1. Kulintang Ensemble: The course provides hands on training on kulintang ensemble performance.
2. Kalinga Ensemble: The course is an introduction to the ensemble performance of various Kalinga instruments such as the tongatong, sageypo, balimbing, and patatag.
3. Javanese Gamelan: Introduction to the performance of Indonesian Gong Orchestra (Gamelan)
4. Japanese Koto Ensemble: Introduction to the performance of Japanese long zither (Koto)

Seminars

1. Music and Values Education: This seminar explores the relationship of music and the formation of social values.
2. An Invitation to Music Therapy: This seminar allows the participants to explore their inner selves through music therapy

(All lectures and performance classes run from April 24 to 28; Seminars from April 25 to 27; Music Theory, from April 24 to May 5; and Music Ed. 1 and 2, from May 1 to 5, at the College of Music. Registration period is from March 27 to April 21. Individual course fee is pegged at P1,000; Package fees of 5 to 7 courses are pegged at P4,000 and P5,000 respectively. There is a 20 percent discount for students. For inquiries, contact Ms. Jo Baradas at 925-7139 or at 981-8500 loc. 2633 or Rommel Gojo at 981-8500 loc. 2635)

DSCTA 2006 Summer Theater Workshop – The Department of Speech Communication and Theater Arts of the College of Arts and Letters is conducting theater workshops for various age groups. The following courses are being offered:

1. Theatre Module 1: Creative Drama for Children (ages 5-9)
2. Theatre Module 2: Basic Acting for Teenagers (ages 10-15)
3. Theatre Module 3: Basic Acting for Adults (ages 16 & above)
4. Theatre Module 4: Musical Theatre
5. Theatre Module 5: Training for Teachers (Using Drama Across Curricula)

(Runs from April 19 to May 17 at the Guerrero Theater. Course fee per module is P6,000. For inquiries, contact DSCTA at 924-8589 or at 924-3224)

SPEAK UP! is a summer workshop offering of the Department of Speech Communication and Theatre Arts. The courses being offered are:

1. Speech in Action
 - This fun-filled workshop for children ages 2-12 years will help build their confidence, improve their vocal projection, pronunciation and "people skills."
2. "Now say this...!" Module 1: Basic Communication Skills
 - For the young and young at heart (13 years and older), this workshop will improve your flair for speaking through basic grammar review, pronunciation skills and informal conversation exercises.
3. "Hello, World!" Module 2: Communication in Careers
 - If you are a college student, new graduate or currently job-hunting, this workshop is for you. The sessions include: grammar review, pronunciation exercises, resume writing and preparing for a job interview.
4. "Powerspeak" Module 3: Advance Course in Speech Enhancement
 - Manage your fear of public speaking, be confident when doing presentations, and hold your own conversation with people of diverse cultures.

(Runs from April 19 to May 3 except for Module 1, which runs from April 19 to 25, at the Guerrero Theater. Course fees vary from P2,500 to P 4,500. Enroll now and avail of special discounts. For inquiries contact DSCTA at 924-8589 or at 924-3224)

ACCOMMODATION

University Hotel
Pook Diego Silang, UP Campus

Hector Ilaga
Front Desk
Tel. 926-1975
Fax. 435-1319
Room Reservation 24 hours
Mon-Sat

UPAA Hostel
Alumni Center Bldg.
Magsaysay Avenue. cor Ylanan Street
UP Campus

Rosario Caporal
Front Desk
Tel. 926-9835; 920-6856
Fax. 920-6856
Room reservation 24 hours
Mon-Sun
With reservation fee

Benitez Memorial Hostel
Benitez Alumni Center
Magsaysay Avenue UP Campus

Norma Castro
Tel. 981-8500 loc 4258
926-1426
Office Hours 8 a.m. – 5 p.m.
Mon-Sat

UP NISMED Hostel
Quirino Ave, UP Campus

Tel. 927-4276 ext 102
928-1563 ext 102
Office Hours 8 a.m. -5 p.m.

UP Balay Kalinaw/ Kapit-Bahay
Guerrero Street
UP Campus

Tel/Fax (63-2) 920-4843
(63-2) 425-1854
E-mail address:
upbalay@hotmail.com

WHERE TO EAT

Architecture
Ground Floor, Bldg 2
8 a.m. -5 a.m. Mon-Fri
8 a.m. -2 p.m. Sat

Engineering
Ground Floor
Osmena cor Rocas Avenue
8 a.m.-5 p.m. Mon-Fri

Mass Com
2nd floor Plaridel Hall
8 a.m.-5 p.m. Mon-Fri
8 a.m.-2 p.m. Sat

CAL- KATAG
Basement Faculty Center
8 a.m.-5 p.m. Mon-Fri

8 a.m.-2 p.m. Sat

Science-SLAB
Basement Science Bldg.
A. Rocas Street
7 a.m.-6 p.m. Mon-Fri

Ilang-Ilang Residence Hall
Qurino Street
6 a.m.-8 p.m. Mon-Fri

Café Diliman
Ground Floor Math Bldg.
C.P. Garcia Avenue
7 a.m.-5 p.m. Mon-Fri
7 a.m.-3 p.m. Sat

Kenneth Canteen
NISMED
Qurino Street cor A. Rocas Street
7 a.m.-4 p.m. Mon-Fri

Herbs Café
Molave Residence Hall
Magsaysay Street
6 a.m.-8 p.m. Mon-Sa.

Sono Caterers
1st Floor, SURP
Jacinto Street
9 a.m.-8 p.m. Mon-Sat

Tita Long's Food Service
NCPAG Bldg.
7:30 a.m. – 6 p.m. Mon-Fri

TreeHouse Pook Ligaya
Jacinto Street
10 a.m.-10 p.m. Mon-Sat

CASAA
At the back of Zoology Bldg.
Qurino Avenue

- Sizzler
- China Town
- Bowl/Platter
- Gloria's
- Pasta House
- Special Treats
- Mongolia Grill

7 a.m.-6:30 p.m. Mon-Fri
7 a.m.-3:30 p.m. Sat

Shopping Center
Laurel cor G. Apacible Street

Paper Cup
Stall # 10
7a.m.-8:30 p.m. Mon—Sun

Rodic's Snack Bar
Stall # 7
6 a.m.-10 p.m. Mon-Sun

Mashitta (Korean Food)
Stall #8
10:30-8 p.m. Mon-Sat

Lola Lita's Canteen
Stall # 4

8 a.m.-9 p.m. Mon-Sun

Baroque's
Stall #3
7 a.m.-8:30 p.m. Mon-Sun

Iskolar's Foodshopper
Stall #2
8:30-8 p.m. Mon-Sun

UP Cooperative Canteen
Laurel Street
6 a.m.-8:30 p.m. Mon-Sun

Food Service Grill and Bakeshop
1st Floor Vinzon Hall
8 a.m.-5 p.m. Mon-Fri

Tea Room
1st Floor College of Home Economics
9 a.m.-2 p.m., 3 p.m.-5 p.m. Mon-Fri

Alumni Center Canteen
Magsaysay Avenue
9 a.m.-5 p.m. Mon-Fri

Alumni Café
Magsaysay Avenue
7 a.m.-9 p.m. Mon-Sat

Silungan
Basement, UP Balay Internasyonal
Guerrero Street, Pook Dagohoy
11 a.m.-6 p.m. Mon-Thurs
11 a.m.-9 p.m. Fri

Chocolate Kiss
Ground Floor, Ang Bahay Ng Alumni
Magsaysay Avenue
7 a.m.-6 p.m. Sun-Fri

Chocolate Kiss
2nd Floor, Ang Bahay Ng Alumni
Magsaysay Avenue
10 a.m.-10 p.m. Mon-Sat



Alumni Café

Sunken Garden

At the heart of the 2.2 kilometers sylvan Academic Oval lies the General del Pilar Parade Grounds, more popularly called the Sunken Garden.

The Sunken Garden is that wide, level, grass-covered expanse located behind the Gonzalez Hall or the University Library. To its north lies Malcolm Hall or the College of Law, to its south the Benitez Hall, and to its east the Vinzons Hall where one is afforded a commanding view of the place.

Sunken is the nickname given to it because the place is basically a basin. Others believe that the place keeps on sinking every year since it lies on a fault line. But no matter, the 5-hectare area (which is bruted to accommodate three football fields) remains the largest vacant land on the UP Diliman campus where all sorts of outdoor activities can be held.

Here lies the new Grandstand overlooking its 5-hectare expanse. Replacing the old box-like structure, the new Grandstand is a pyramid-like design with red roofing and 4-angled pegs. It is a modification of the initial design resembling a torii—a gateway of a Shinto temple, consisting of two uprights supporting a concave crosspiece with projecting ends and a straight crosspiece beneath it—drawn by Architect Froilan Hong.

As a historical footnote, the Sunken Garden and the old Grandstand witnessed a couple of firsts in the Diliman campus—the first UP Commencement Exercises thereat in 1949 and the Cadena de Amor Festival formerly sponsored by the UP Woman's Club.

Hundreds of UP ROTC cadets marched rain or shine during their weekly training at the Sunken Garden, in front of the old grandstand. It also serves as venue for the annual presentation of corps sponsors towards the end of the semester.

Because of its expanse, the Sunken Garden provides ample space for sports tournaments. Student organizations compete every year for the Latagaw Cup, a soccer event. Philippine indigenous games like *kawit-paa*, *karera ng sako*, *sipa*, *karera ng itlog*, *bunong-braso*, *patintero*, *palo-sebo*, and *kadang-kadang*, among others, are also held at the Sunken Garden during the month of February in celebration of the UP Diliman Month. During summer, frisbees and kites of different sizes, shapes and shades fly over the open field.

The Sunken Garden's size makes it ideal for outdoor concerts and the annual UP Fair sponsored by the University Student Council. Come February, during the celebration of the most awaited UP Fair, concert organizers and performers use the grandstand as a dressing room cum technical area behind the makeshift stage of the sponsored concerts. On the other hand, the barricaded Sunken Garden accommodates various booths and rides for the UP Fair crowd.

The sloping walls of the Sunken Garden have become convenient spaces for students and alumni to write personal notes like "I love you" and "Happy Birthday" by forming letters from crumpled newspapers and sticking them on the grassy field.

While the Sunken Garden is likened to the Central Park in Manhattan where many recording international artists have staged concerts, others see the place as a perfect venue for stargazing, contemplating, or simply unwinding. Still, some students use the Sunken Garden as an extension of the library as it is an ideal place for reviewing and doing homework and projects under the protective shade of the surrounding acacia trees.

Interested parties who may want to use the Sunken Garden for concerts, or as venue for sports competitions

and other outdoor activities may contact the Office of the Vice Chancellor for Community Affairs at telephone nos. 981-8500 loc. 2517 or 2589; telefax no. 928-2947.

—HAIDEE C. PINEDA



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1. The old Grandstand was a long open structure that looked like a waiting shed. Architect Froilan Hong's new design uses the Grandstand to accentuate the vast empty space of green that is the Sunken Garden.
2. Students are often seen under the shade of acacia trees surrounding the Sunken Garden. The peaceful all-around sylvan green and fresh air must have something to do with it.
3. Gonzalez Hall, the building in the background has predated the acacia trees that now enclose the Sunken Garden. Students catching up on studies are welcomed by the relaxing view of the Garden outside.
4. What is probably the largest level area of grass on campus is also the largest pathway. Students hurrying to class or taking leisurely walks can just cross in the middle or on the periphery of the Sunken Garden. After all, the shortest distance between two points is through a park.



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